

favor upon you and have approved for you Islām as religion. But whoever is forced by severe hunger with no inclination to sin – then indeed, Allāh is Forgiving and Merciful.

4. They ask you, [O Muḥammad], what has been made lawful for them. Say, "Lawful for you are [all] good foods and [game caught by] what you have trained of hunting animals²¹³ which you train as Allāh has taught you. So eat of what they catch for you, and mention the name of Allāh upon it, and fear Allāh." Indeed, Allāh is swift in account.
5. This day [all] good foods have been made lawful, and the food of those who were given the Scripture is lawful for you and your food is lawful for them. And [lawful in marriage are] chaste women from among the believers and chaste women from among those who were given the Scripture before you, when you have given them their due compensation,²¹⁴ desiring chastity, not unlawful sexual intercourse or taking [secret] lovers. And whoever denies the faith – his work has become worthless, and he, in the Hereafter, will be among the losers.
6. O you who have believed, when you rise to [perform] prayer, wash your faces and your forearms to the elbows and wipe over your heads and wash your feet to the ankles. And if you are in a state of janābah,²¹⁵ then purify yourselves. But if you are ill or on a journey or one of you comes from the place of relieving himself or you have contacted women²¹⁶ and do not find water, then seek clean earth and wipe over your faces and hands with it. Allāh does not intend to make difficulty for you, but He intends to purify you and complete His favor upon you that you may be grateful.
7. And remember the favor of Allāh upon you and His covenant with which He bound you when you said, "We hear and we obey"; and fear Allāh. Indeed, Allāh is Knowing of that within the breasts.

²¹³Such as dogs, falcons, etc.

²¹⁴The specified bridal gift (*mahr*).

²¹⁵See footnote to 4:43.

²¹⁶i.e., had sexual intercourse.

8. O you who have believed, be persistently standing firm for Allāh, witnesses in justice, and do not let the hatred of a people prevent you from being just. Be just; that is nearer to righteousness. And fear Allāh; indeed, Allāh is Acquainted with what you do.
9. Allāh has promised those who believe and do righteous deeds [that] for them there is forgiveness and great reward.
10. But those who disbelieve and deny Our signs – those are the companions of Hellfire.
11. O you who have believed, remember the favor of Allāh upon you when a people determined to extend their hands [in aggression] against you, but He withheld their hands from you; and fear Allāh. And upon Allāh let the believers rely.
12. And Allāh had already taken a covenant from the Children of Israel, and We delegated from among them twelve leaders. And Allāh said, "I am with you. If you establish prayer and give zakāh and believe in My messengers and support them and loan Allāh a goodly loan,²¹⁷ I will surely remove from you your misdeeds and admit you to gardens beneath which rivers flow. But whoever of you disbelieves after that has certainly strayed from the soundness of the way."
13. So for their breaking of the covenant We cursed them and made their hearts hardened. They distort words from their [proper] places [i.e., usages] and have forgotten a portion of that of which they were reminded.²¹⁸ And you will still observe deceit among them, except a few of them. But pardon them and overlook [their misdeeds]. Indeed, Allāh loves the doers of good.
14. And from those who say, "We are Christians" We took their covenant; but they forgot a portion of that of which they were reminded.²¹⁹ So We caused among them²²⁰ animosity and

²¹⁷By spending in the cause of Allāh, seeking His reward.

²¹⁸In the Torah concerning the coming of Prophet Muḥammad (ﷺ).

²¹⁹In the Gospel concerning the coming of Prophet Muḥammad (ﷺ).

²²⁰i.e., among their various denominations or sects.